

# Positive affirmation

A positive state of mind is what you need in this economic climate. It was Henry Ford who said “If you think you can do a thing or think you can't do a thing, you're right”. It was Emile Coue' who first use affirmations with his legendary “Day by Day, in every way, I am getting better and better”.

So **121 Business Coach** have put together some positive affirmations to help you get back on track however, for them to work you need to believe and motivate yourself to action.

## What to do:

- Pick the one that best suites you.
- Write them down on post its
- Post them were you can see them
- Recite them 15 times every morning when you rise, before lunch, and before you go to sleep. Do this for at least 30 days (that is how long it takes for the mind to accept new habits, including new thinking). The more positive you are the more open you are to opportunities.

## Positive affirmation

1. I am properly structured and profitable now
2. I accomplish more in my business with each passing day
3. I am a positive resource and people want to do business with me
4. I will start a successful company
5. I am capable both in conversations with myself and others
6. My business is growing abundantly!
7. My business is successful and fun
8. My inner vision is always clear and focused.
9. My business is growing every day
10. My websites is growing every day
11. Opportunities come easily to me.
12. My business is successful.
13. I am so very grateful now, that I have a thriving home-based business.
14. I have the perfect office.
15. I constantly have new prospects and opportunities.
16. Everything I touch is a success
17. I have clarity in all aspects of my business.
18. I am a sought after business partner
19. My business ventures are successful
20. My business plan covers all aspects needed to close the deal
21. I am more aware of best business practises
22. I have everything I need to help my Team members

Still thinking about how this works when all is against you well just remember “When everything seems to be going against you, remember that the airplane takes off against the wind, not with it”.

**Open your mind and opportunities will fly your way**

